



# Walking Humbly

**27<sup>th</sup> to 29<sup>th</sup> November 2009**  
A Spiritual Journey to the Murray  
Darling Basin, Victoria.  
A Pre-Parliament of World Religions event

## ITINERARY

### Friday 27th November

Buses will have various pick up points around Melbourne between 8 and 9am. We will have morning tea and a short opening at the Sikh Gurudwara in Blackburn. From there we will head to Healesville Sanctuary to experience some of Australia's fauna. After that we will head to KingLake to witness what the community and the land went through during the Bushfire's of Black Saturday. We will meet the Macedonian Community who lost their Church during the fires. From there we will head to our beautiful resort at Nagambie Lakes where we will have the opportunity to share each others company, make dinner together and welcome in Jewish Shabbat. Later in the evening we will be entertained with a Hindu Dance performance.

### Saturday 28th November

For those that are keen there will be Buddhist meditation & yoga sessions running from 6am. For the Jewish that do not wish to travel during Shabbat you will be welcome to enjoy Nagambie resort during the day. We will head to Castlemaine where we will be greeted by the InterFaith community and be part of a Gum Tree service which at this stage will take place in the beautiful Botanical Gardens. That will be followed by lunch and a talk by the Managing Director of Coliban Water about the water and environmental issues facing Victoria today. The group will than be split in to 5.

1. Some may choose to stay and discuss pressing water issues with Coliban Water Managing Director.
2. A Theatre production called Simone will be presented. Simone Weil (1904-43) had an extraordinary relationship with God as a Jewish French radical. But the purpose in her own life was to heal the suffering of the world.
3. Art Gallery & Museum tour
4. Transition Town and sustainability hands on environmental session.
5. Listen to the Peace Choir at the church or enjoy reflection time in the Meditation Garden.

We will come back together to enjoy the hospitality of Castlemaine InterFaith community for Afternoon Tea. We will than head to Shepparton with the possibility of a stop over in Bendigo to see the Golden Dragon Museum. In Shepparton we will be hosted by the Sikh Community and experience the Sikh evening prayers and enjoy the entertainment performed by World Renowned Sikh, Australian Music Multicultural ambassador, Dya Singh ([www.dyasingh.com](http://www.dyasingh.com)). Following the main prayers there will be a short InterFaith presentation and than Langar (Dinner). Than back to Nagambie. Some may decide to call it a night, while others will use the time to share the experiences we have had, maybe even a small jam session (please bring your instruments).

### Sunday 29th November

Dya Singh will hold a Music Mediation workshop while some may prefer to attend a Catholic Gum Tree service at Nagambie. Some of us would just prefer to sleep in a little longer! We will head to Spirit of the Valley ([www.spiritofthevalley.com.au](http://www.spiritofthevalley.com.au)) where Vera Fleming and her family (3rd Generation Macedonian Farmers) will host us with a glorious brunch. She will take us around her orchard where many fruits including several varieties of cherries will be in season. She will talk to us about natural pest controls and be open to answer questions from us. Those that feel so inclined will be able to purchase many things she has on offer, including very yummy chocolate coated apples! Please visit her website to see some of the products that will be on offer! Yorta Yorta Nations will be than taking us "out bush" into the Barmah Forest. Deep into parts that most don't get to experience. Sacred land. We will be part of a very special welcome to land and experience first hand stories, music and dance of the Aboriginal people. We than in return will have the opportunity to give back to the Yorta Yorta people in our own unique ways!

It is than time to head back to Melbourne. Aunty Carol Briggs, Aboriginal elder will host us in her restaurant, Djanabi at Federation Square for dinner and talk to us about bush tucker. From there we will be taken back to our starting destinations.





# Walking Humbly

**27<sup>th</sup> to 29<sup>th</sup> November 2009**  
A Spiritual Journey to the Murray  
Darling Basin, Victoria.  
A Pre-Parliament of World Religions event

## FOOD

The journey will have many varieties of food. There will always be fresh fruit, breads and veges available for you to prepare your own meals if you feel so inclined. All meals will mainly be vegetarian or at least have plenty of vegetarian options. Yorta Yorta Nations will be cooking us a spit for those that would like to partake in it. Aunty Carol would like to make us a fish option at Djanabi.

## ACCOMMODATION

The accommodation is amazing. Air conditioned bunks. The Bunk houses have two bedrooms with 3 sets of bunks in each room. Each house has two showers, two toilets, dining and lounge area. They each have a kitchenette (including fridge, microwave, kettle etc). We will have produce (fruits/vege/breads/jams/milk/tea/coffee/sugar etc) available in each house. For those that would prefer even more privacy, there is 1, 2 and 3 bedroom cabins on offer (at a little extra cost). More information about the accommodation, please visit <http://www.nagambielakespark.com.au/> otherwise please contact the Project Manager directly.

## COSTS

We have had sponsorship from a few sources, the main being Victorian Multicultural Commission. Due to the sponsorship, we have been able to keep costs to participants relatively low.

Cost is \$320 full price and \$280 conc. Places are limited and if you are interested in coming, please act now to avoid disappointment. For group bookings, please contact the Project Manager.

## MORE DETAILS

For an experience of your life, don't miss this wonderful trip. Please head to [www.greenfaithaustralia.org](http://www.greenfaithaustralia.org) for more information or contact Project Manager, Ms. Jamel Kaur Dhillon [info@greenfaithaustralia.org](mailto:info@greenfaithaustralia.org) or on mobile 0413 425 912 Or tel/fax (+613) 8774 1778.

\*The itinerary is subject to change, but is up to date as at the 2nd September 2009.





**Walking Humbly**  
**27<sup>th</sup> to 29<sup>th</sup> November 2009**  
 A Spiritual Journey to the Murray  
 Darling Basin, Victoria.  
 A Pre-Parliament of World Religions event

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Country: \_\_\_\_\_

Phone Hm (Inc Country Area Code): \_\_\_\_\_ Cell/Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Next of Kin (details in case of emergency: name/tel/address/email):  
 \_\_\_\_\_  
 \_\_\_\_\_

Reason for wanting to come to Walking Humbly trip.  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Religious or Spiritual Persuasion: \_\_\_\_\_

Number of people travelling / coming together to walking humbly trip: \_\_\_\_\_

All food will be vegetarian. Please specify if you have additional dietary requirements: \_\_\_\_\_  
 \_\_\_\_\_

Accommodation needs/requests: \_\_\_\_\_

Are you able to sleep on a top bunk if required? Yes \_\_\_\_\_ / No \_\_\_\_\_

**Cost:**  
 Number of participants paying: \$320 \_\_\_\_\_ \$280 Concession \_\_\_\_\_

Extra Accommodation Charges: (Please contact Jamel first for full cabin details) \_\_\_\_\_

**Please send completed form to fax: +61 3 8774 1778 or email: greenfaithmelb@gmail.com**

You will then be contacted by Jamel our Projects Manager for any further information required and information for payment/payment arrangements (if required). Walking Humbly is a very personalised journey and we want it to be special for you. Closer to the event – a medical form will need to be filled. If you have any questions – please don't hesitate contacting us.

